

Emily Noble Cooking Demo 7/4/10
<http://leafyreader.blogspot.com>
<http://90saladsin90days.blogspot.com>

Dill-lime One More Time Salad

Taken from 90 Salads in 90 Days June 27th 2010

Dill lime dressing

4 Tbsp Salute Sante brand grapeseed oil
2 garlic scapes
1/4 tsp Dijon mustard
1/4 tsp cinnamon
1 pinch salt
1/2 tsp black pepper
1 1/2 Tbsp dill
1 Tbsp lime juice
lime zest
1 Tbsp sherry vinegar
1/4 tsp honey
Blend together in a food processor.

The salad

1 1/2 medium kohlrabi, peeled and cut into small matchsticks
2 carrots, peeled and diced
1 cup pea pods
1 small head red leaf lettuce

Mountain Range Salad (Garlic Scape, Red Potato and Pea Salad)

Taken from 90 Salads in 90 Days June 26th 2010

4 cups diced, cooked, red potatoes (cook in boiling water, drain, and then rinse to cool)
4 garlic scapes
1/2 cup shelled peas
2 green onions
2 Tbsp fresh dill
1/2 cup Greek yogurt
1/4 tsp soy sauce (for color)
1/2 tsp red wine vinegar
1/2 tsp salt
1 tsp pepper
Toss together and serve. Garnish with chive blossoms.